



Wochen- PROGRAMM



MO

19:00 - 20:15 Yoga in Pillnitz
19:00 - 20:15 Yoga in Cottbus
19:00 - 20:15 Yoga online

DI

17:30 - 18:15 Yoga in Striesen

MI

7:00 - 7:20 Yoga online

19:00 - 20:15 Yoga in Striesen

DO

19:00 - 20:15 Yoga online

FR

8:00 - 8:40 Yoga online

9:30 - 10:15 Yoga in Striesen